

Press Release

Mitsubishi Electric Thai Foundation Organized “Meditation Classroom” **For Students of Baan Chorpaka School and Mechai Pattana School in Buriram** **Province**

Mitsubishi Electric Thai Foundation reiterates its commitment to conduct business with corporate social responsibility with the organization of Meditation Classroom. The activity was held on the occasion of the visit to the “Partnership School Project” implementation at Baan Chorpaka School and Mechai Pattana School in Chamni and Lam Plai Mat districts of Buriram province respectively.



Mitsubishi Electric Thai Foundation led by Mr. Arsa Sarasin, Chairman, Mr. Hiroaki Kondo, Vice Chairman and Mr. Krit Thongnark, Director, jointly visited the school under the “Partnership School Project” sponsored by the Foundation for the 3rd consecutive year to learn the activities progress of the project. The project aims to enable the schools to be "Life-long Learning Center" contributing to the social and economic development of

neighboring communities. In addition, the Foundation organized “Meditation Classroom” participated by Mr. Pichet Chansri, Principal of Baan Chorpaka School, teachers together with over 300 students from Kindergarten 1 through Grade 9. The activity was facilitated by Phra Ajarn Charnchai Sudhammo, Meditation Instructor from Wat Dhammamongkol who shared practical and simple ways to meditate that the youth can learn and practice in everyday life.



Ms. Dueanpen Phromdee, Grade 9 student from Baan Chorpaka School shared her thoughts upon participation in the meditation classroom, *“I learned about meditation and had fun joining this activity. I think I can adapt it as a daily routine because meditation could help me focus and not be distracted.”*

Ms. Thanyarat Charaswongphakdee, Grade 11 student from Mechai Pattana School also shared her experience in the meditation classroom experience, *“After learning this proper meditation technique, I felt comfortable and gained more focus. I hope I can apply what I have learned today in every problem solving and practice meditation daily to help me study more efficiently in school.”*

The “Meditation Classroom” is one of the many creative activities that Mitsubishi Electric Thai Foundation believes will contribute to mental health development and build a good foundation for Thai youth as human asset development for the nation in the future.

Upon this occasion, the representatives of Mitsubishi Electric Thai Foundation visited Mechai Pattana School where “Meditation Classroom” was organized as well. The activity was presided by Dr. Mechai Viravaidya, founder of the Mechai Pattana (Bamboo) School, with students from Grade 7 through 12 participating. It is hoped that the success of these activities could lead to be another valuable Foundation’s activity and expand to other prospect schools in the near future.



The Baan Chorpaka School is the school under the “Partnership School Project” sponsored by the Mitsubishi Electric Thai Foundation in collaboration with Mechai Viravaidya Foundation since 2020. Previously in November 2021, a “Science Classroom Online” was held at the school.



In addition, with the Partnership School Project activity, the school has extended the support to the nearby community by distributing vegetable seeds to promote food security among neighboring aging communities. These activities are aligned with the mission of the “Partnership School Project” to promote school administrative innovations in collaboration with the Ministry of Education and private sectors foundations, organizations, and institutes for support of resources. The overall aim is to engage multiple parties in transforming schools into “Life-long Learning Center”.

This means promoting schools to be not only places of study but to the center for developing life skills, quality of life, and economy of nearby communities. These are in line with our group’s corporate commitment of “Changes for the Better.”